



Lundy Island Hash House Harriers

Run No.23.

5th September
2009

Price: £55.00 until 1st July, £60 until 1st August, then £65

Price Includes; Limited edition collectors T-shirt,
"O' I'M LARDY" Hash (Oscar, Iron Maiden & Lightweight's Annual Run Debauch, WhY?
(Friday Evening Pub Crawl Run),
Camping in Bideford on Friday & Saturday nights,
Ferry crossings,
Hash on Lundy Island,
(Bring Your Own) Picnic (Pub Grub may be available at pub prices),
Saturday night Disco,
Saturday night buffet,
Sunday Breakfast,
Sunday Run with the North East Rural Devon H3.

For more info contact;

Paul "Fat Controller" Mountford, Tel: 0117 9352 372

Mark "Tablewhine" Young, Tel: 020 8567 5712 E-mail: tablewhine@hotmail.com

Fill in the form below and send (with your cheque*) to:

Mark 'Tablewhine' Young, 18 Balfour Road, Ealing, London, W13 9TN.

Name; _____ Hash Name; _____

Home Hash; _____

Address; _____

_____ Post Code; _____

Tel; _____

Email; _____

I would like to come and I enclose a cheque* for £ _____

T-shirt ___ Vest ___ Size: S ___ M ___ L ___ XL ___ XXL ___

I'm a Veggi _____ I'll eat anything _____

*Make Cheques Payable to 'Lundy Island Hash House Harriers'